



BENEFITS WISE

"Better Benefits through Collaboration"

MARCH 2022, SPRING EDITION

ARE YOU READY TO RALLY?

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Save the Date for ICUBA's private Rally Challenges!

Dash to the DC Cherry Blossoms!

May 3rd to May 16th

Map: DC Dash

ICUBA's Turkey Trot in Toronto!

November 15th to November 28th

Map: Toronto Trot

ICUBA's Island Invitational

September 13th to September 26th

Map: Grand Cayman

Explore horizons on the Tuscan Trek!

January 17th to January 30th

Map: Tuscan Trek



Congratulations to ICUBA's Escape the Cold in Sunny San Francisco Private Challenge Winners

Status	Total Distance	Rally Username	Member School
Employee	221	ucfdancer	Nova Southeastern University
Employee	157	Maggiem	Tampa Preparatory School
Employee	141	zu1414	Saint Edward's School
Employee	132	Maymu25	Nova Southeastern University
Employee	119	RunnerRabbit	Palm Beach Atlantic University
Employee	117	galdrapan	Rollins College
Employee	109	Lrunnergirl	Florida Institute of Technology
Spouse	92	GoingPostal24	Saint Leo University
Employee	90	awood0888	Rollins College
Employee	86	rmurquhart	University of Tampa

Biden Administration announces second round of free COVID tests from [COVIDTESTS.GOV](https://www.covidtests.gov)
Every home in the U.S. is eligible to order 2 sets of 4 free at-home tests. If you already ordered your first set, order a second today. Need help placing an order for your at-home tests? Call (800)-232-0233 (TTY 888-720-7489).



Optum Rx[®]



Optum Rx & ICUBA will cover FDA authorized at-home OTC COVID-19 test kits at no cost.

- ☒ Reimbursement is limited to \$12 per test
- ☒ Members can be reimbursed for up to 8 tests per month
- ☒ Pick up test kits directly from Walmart, Rite Aid, or Sam's Club at no cost*



*Present your OptumRx Member ID card at the pharmacy counter and ask to have your claim submitted to OptumRx.
We'll handle the rest!

Scan the QR code or visit optumrx.com/testinfo to learn more about COVID-19 at home test kit coverage and submit a reimbursement claim online.

On April 1, 2022, ICUBA welcomes Embold Health to complement the current \$0 copay for Total Care Primary Care & Pediatric visits.

Primary Care
Pediatrics
Obstetrics
Orthopedics

Cardiology
Pulmonology
Endocrinology
Gastroenterology



EMBOLD HEALTH is changing the landscape of provider evaluation to make sure you get the right care, at the right time, at an affordable cost.

Embold Health works with the top physicians and data scientists from leading academic institutions across the country to measure physician performance based on the latest scientific evidence to make sure ICUBA members are receiving appropriate care.

Embold Health's unique access to national data repositories of the largest, most accurate healthcare datasets in the country has enabled them to create an extremely powerful measurement engine to make sure ICUBA members are receiving effective care.

Embold Health believes healthcare will not truly change without complete transparency. Embold does not hide their data or measurement methods from physicians and providers. Embold believes that sharing their results and analysis tools will help everyone, from patient to provider, learn how to improve.

ICUBA believes empowering our members and providing actionable data to physicians and healthcare providers will generate savings for individual members and the entire ICUBA population.

**NO OTHER PARTNER GIVES MEMBER
INSIGHTS THIS COMPLETE.**



Surgery Plus provides full-service surgical concierge and network services and has become an

indispensable resource to ICUBA members. Surgery Plus provides access to quality providers, who deliver the most desirable outcomes for members.

The best part? ICUBA members who utilize Surgery Plus for elective procedures are not required to pay toward their deductible or out-of-pocket maximum! Procedures and travel (when necessary) are completely covered by ICUBA.

Hinge Health pioneered the world's most patient-centered Digital MSK Clinic for back and



Hinge Health

joint pain. Hinge Health works to empower ICUBA members to reduce chronic pain, opioid use, and avoid unnecessary surgeries.



ICUBA brought SurgeryPlus and Hinge Health together to provide our members with a seamless experience across the MSK care continuum. Members have access to

concierge services and high quality providers through SurgeryPlus, *and* Hinge Health's advanced wearable technology and full clinical care team which includes doctors, physical therapists, expert specialists, and health coaches.

ICUBA's clinical care model goes beyond concierge service and digital physical therapy. Our focus is to treat the whole person and create lasting change for our members.

For more information visit <http://icubabenefits.org>

