

# Let's Talk!

SUPPORT GROUP



Facilitated by Social Work students and supervised by MSW Faculty

You are not alone. We all have similar concerns.

This pandemic is unprecedented, but we are here to support you.

Group will be every:

Tuesday 1:00pm - 2:00pm | Friday 6:30pm - 7:30pm | Sunday 1:00pm - 2:00pm

START DATE:

Tuesday 04/07/2020

LOCATION:

<https://saintleo.zoom.us/j/484264990>

"Let's Talk" will allow students to:

1. Discuss fear related COVID-19
2. Explore ways to cope with stress
3. Discuss topics of concern
4. Socialize and have a little fun!