# Save Money by Choosing Blue Distinction Total Care (BDTC) Doctors



The \$0 cost share benefit applies to Family Care Physicians, Internal Medicine and Pediatricians who have the BDTC designation!

Need to see a doctor? Choose a <u>family physician, internal medicine physician or</u> <u>pediatrician</u> with Blue Distinction Total Care (BDTC) designation and your copayment will be \$0. This is an enhanced benefit for members of the ICUBA health plan through Blue Cross and Blue Shield of Florida, Inc.

### What is BDTC designation?

Doctors with this recognition are dedicated to improving the quality of care for their patients. They also specialize in care for people with chronic conditions, like diabetes, asthma, COPD and heart problems, to ensure each person receives preventive screenings and follow-up care. BDTC designation does not necessarily mean they provide a higher standard of care than other doctors. It means these doctors take part in a quality improvement program recognized by BCBSF.

## How do I find a BDTC doctor?

Use the online Doctor and Hospital Finder to locate doctors with BDTC designation:

#### Step 1: Log in to My Health Toolkit

Go to **www.MyHealthToolkitFL.com** and log in to your **member account**.



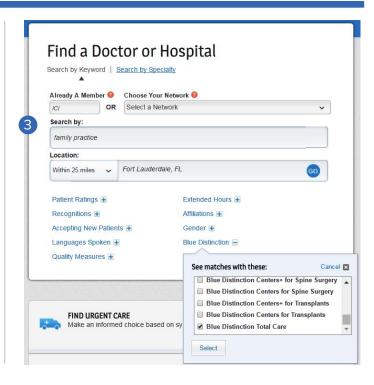
#### Step 2: Open the Doctor and Hospital Finder

Under the **Resources** tab, select **Find a Doctor** or **Hospital**.

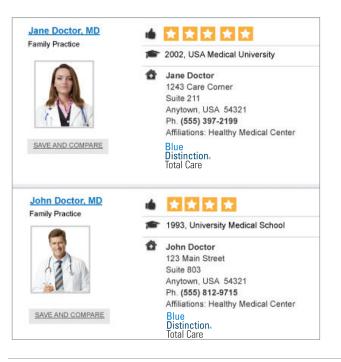
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#### Step 3: Add search criteria

- Enter "ICI" as the first three letters of your member ID.
- Enter a specialty type. The \$0 copayment will apply to doctors specializing in family practice, internal medicine or pediatrics.
- Enter your location.
- Under Blue Distinction, check the box for Blue Distinction Total Care and Select.
- Click Go.



## Which doctor is right for me?



Your search results will include all BDTC doctors in your area. Click the name of any doctor to see detailed information such as education, hospital affiliations, certifications and reviews from other patients.

When you find a doctor that might be right for you, click **Save and Compare**. To view your saved selections, click the drop-down arrow at the top, right. You can select specific doctors in your list for a side-by-side comparison.

Take advantage of the detailed information available in the Doctor and Hospital Finder to decide which doctor is right for you!



MyHealthToolkitFL.com



**Remember!** The \$0 cost share benefit is only for Family Care Physicians, Internal Medicine and Pediatricians who have the BDTC designation!